

Eastside Runners Renton Landing Run

11.2 mile turnaround at Newcastle Beach Park (5.6 miles)

Stay on road as it turns to the left- DO NOT take bike trail (5.4 miles)

At freeway exit, continue straight on Lake Washington Blvd SE (4.9 miles)

Bike trail ends, continue straight on 106 Ave SE (4.1 miles)

VMAC Seattle Seahawk's training facility (3.2 miles)

6.8 mile turnaround at bike trail entrance (3.4 miles)

Left onto Seahawk Way (3.0 miles)

Right at N 33rd St & immediate left onto Lake Washington Blvd N (1.9 miles)

Go thru gate at end of park (1.6 miles)

Left into Gene Coulon Beach Park (0.4 miles)

The Balanced Athlete
800 N 10th Place, Ste F,
Renton, WA (Start/Finish)

Left onto Lake Washington Blvd N (0.3 miles)

