

**Martha Lake 10 Mile**

Run South out of the park 0.3 Miles
Left on Lakeview Rd 0.2 Miles
Right on 2 <sup>nd</sup> Ave W 0.1 Miles
Right on 55 <sup>th</sup> St SW, turns into E Shore Dr 0.6 Miles
Right into Martha Lake Park Parking Lot
Run through the park trail below 164 <sup>th</sup> and Run up the stairs to Larch Way 0.3 Miles
Turn Right on Larch Way 0.4 Miles
Left on King Pl 0.1 Miles
Left on Meadow Rd 0.3 Miles
Right on 160 <sup>th</sup> Stay on the paved trail on the right, which is the Interurban trail 0.1 Miles
Stay right on the Interurban trail – 2.1 miles
Stay left as you exit the trail on 130 <sup>th</sup> . 130 <sup>th</sup> curves left and turns into 3 <sup>rd</sup> Ave SE – 0.3 Miles
Right on 128 <sup>th</sup> – 0.3 Miles
Right into McCollum Park
Straight on the park road which will naturally veer left 0.3 Miles
Right on Dumas Rd 0.3 Miles
Right on N Creek Drive 0.3 Miles
Right on North Creek Trail before Mill Creek Sports Park – Should see the paved trail off to the right. There is a sign, but pointing the other way 0.04 Miles (short distance)
Straight at the trail intersection which will curve left - 1.2 Miles
Right on Main Street – 0.04 Miles (short distance)
Right on North Creek Trail - 0.1 Miles
Right on 153 <sup>rd</sup> St SE 0.2 Miles
Left on 3 <sup>rd</sup> Dr SE turns into 3 <sup>rd</sup> Ave SE - 0.7 Miles
Right on 164 <sup>th</sup> St SE – up the hill 0.2 Miles
Right Cascadian Way 1.1 Miles – Stay right when you come to 155 <sup>th</sup> St SW - that will continue to be Cascadian Way
Left on 146 <sup>th</sup> St SW – 0.4 Miles
Turn left into Martha Lake Airport Park

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